

WHO CAREGIVER SKILLS TRAINING (CST)

**(A TRAINING PROGRAM FOR PARENTS / CAREGIVERS OF CHILDREN
AGED 1 TO 9 YRS)**

Children with developmental challenges are often deprived of the support and care they deserve, because of

- Lack of awareness
- Expectation that they will eventually improve on their own
- A denial to accept the problem
- Lack of trained professionals

It is YOU, the PARENT, who can best help the child in need, with proper training.

CST works on areas like

- Communication
- Play
- Behaviour
- Independence

KEY HIGHLIGHTS OF THE PROGRAM

Course Introduced by UMMEED Mumbai and training provided by Dr. MALLIKAI SELVARAJ

- The 3 months CST program comprises of 12 group sessions
- Study material provided to help and inform all the members of the family
- A training to help you help your child with play communication, independence and behaviour

**CST PROGRAM EVERY SATURDAY AT 10:00 AM, FOR 12 WEEKS
STARTING FROM EARLY 2nd DECEMBER 2023**

For further information & enrollment please contact

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